





## Dorsey COVID-19 Isolation Policy Updated 4/18/2022

## **Purpose:**

Dorsey's COVID-19 Isolation policy was developed in accordance with the Michigan Department of Health and Human Services (MDHHS) <u>guidance</u>, in an effort to minimize the spread of COVID-19.

## **Testing:**

Testing is an important tool to help reduce the spread of COVID-19. If you have symptoms or have been in contact with someone suspected or confirmed to have COVID-19, you should be tested regardless of your vaccination status.

## **Positive Case – Isolate:** (regardless of vaccination status)

- Stay home and away from others for at least 5 days. Day 0 is your first day of symptoms or a positive test. Day 1 is the first full day AFTER day 0 (the day your symptoms developed or the day you completed the at home test).
- Take precautions until day 10. If you do not develop symptoms, you can stop isolating after 5 days. If you do have symptoms but you are getting better, you can also end isolation after 5 full days if you haven't had a fever for 24 hours without using fever-reducing medicine, such as acetaminophen (example: Tylenol) or ibuprofen (example: Motrin).
  - For an additional 5 days, wear a mask around others, and avoid being around people who are at high risk.
  - If you still have a fever OR if your illness is not improving, continue to isolate for the full 10 days and wear a mask. If you are immunocompromised or severely ill, you may need to isolate for up to 20 days.