Thank you for your interest in our Massage Therapy clinic!

Our goal is to provide relaxing, therapeutic massage therapy and bodywork services. Our Clinic is a critical component of the Massage Therapy curriculum.

Our students are prepared according to Michigan Board of Massage Therapy regulations, and always supervised by an instructor who is an experienced State Licensed Massage Therapist.

# DORSEY SCHOOLS CAMPUS LOCATION

31739 John R. Road Madison Heights, MI 48071 248-588-9660



Dorsey Schools is accredited by the Commission of the Council on Occupational Education. This applies to the Madison Heights campus (which serves as the main campus) and the Dearborn, Roseville, Saginaw, Southgate, Wayne, Waterford-Pontiac campuses (which are branch campus locations of Madison Heights).

Dorsey Schools Massage Therapy program meets the requirements of an approved supervised curriculum by the Michigan Board of Massage Therapy.

For more information about our graduation rates, the median debt of students who completed the program, and other important information, please visit our website at http://www.dorsey.edu/disclosures/



# Student Massage Therapy Clinic



#### Madison Heights Campus

**Hours of Operation** 

Monday – Thursday

2:30PM-6:00PM

Hours are subject to change based on availability.

For appointments or more information, please call

248-588-9660

## Pricing

30 min \$10 60 min \$15 90 min \$20

#### Senior Discount: 20% off services

Payment in Cash or Credit

## Massage Services

#### **Relaxation**

A session designed to relax your muscles, reducing pain and tension while promoting a positive sense of well-being.

#### **Therapeutic**

Recommended treatment when seeking to increase movement and balance alignment throughout the body.

#### **Trigger Point Therapy**

Specific pressure is used to release a "knot" that is the source of pain. The client actively participates through deep breathing and communicating about area of pain.

### Chair Massage \$1 a min

Chair massage is a popular way of relieving stress and releasing tension. You receive your massage in a specialized ergonomic chair. This service is offered in our clinic, or could be offered at your place of work. Ask about booking chair massage for your next workplace event or function!

#### Sports Massage

Treatment geared towards athletes to promote fitness level, recover from exercise, and prevent injuries.

#### Myofascial Release

A gentle approach to address the restrictions in connective tissue, eliminating pain and restoring motion.

#### Shiatsu/Thai Massage

A series of compressions and acupressure are used based on ancient principles while promoting safe stretches. The client typically remains clothed.

#### Pregnancy Massage/Side-lying

Designed specifically for pregnant women in an effort to alleviate pain and promote relaxation. Alternatively, this position is available for clients who aren't comfortable in the face-up or facedown position.

#### Hot Stone Massage

Smooth basalt and river stones are heated and applied to the body during a Swedish massage to enhance relaxation and relieve muscle tension all while allowing the heat to penetrate deep within the body.

#### Mud Body Wrap

Application of detoxifying mud to the body to help rejuvenate the skin.

#### Body Sugar or Salt Glow

Sea salt rich in trace minerals is mixed with warm massage oil to exfoliate the top layers of dead skin from the entire body (except for the face). It leaves your skin moist, glowing, and satin-smooth.

#### <u>Reflexology</u>

A type of bodywork that focuses on applying pressure to the specific nerve zones in your hands and feet.

## **Enhancements**

#### Paraffin \$10

Used to lock in moisture paraffin is a lightly scented melted wax that traps the body's heat to relax tired hands or feet.

#### Aromatherapy \$5

Specific application of pure therapeutic grade essential oils to calm and strengthen your body.

#### Hot Towels \$5

A short treatment of heat added to the session to assist the muscles in relaxing.