# Thank you for your interest in our Massage Therapy clinic!

Our goal is to provide relaxing, therapeutic massage therapy and bodywork services. Our Clinic is a critical component of the Massage Therapy curriculum.

Our students are prepared according to Michigan Board of Massage Therapy regulations, and always supervised by an instructor who is an experienced State Licensed Massage Therapist.

# DORSEY SCHOOLS CAMPUS LOCATIONS

31739 John R. Road Madison Heights, MI 48071 248-588-9660

> 4406 Bay Road Saginaw, MI 48603 989-393-6475

Dorsey Schools are institutionally accredited by the Accrediting Council for Independent Colleges and Schools

Dorsey Schools Massage Therapy program meets the requirements of an approved supervised curriculum by the Michigan Board of Massage Therapy

For more information about our graduation rates, the median debt of students who have completed Dorsey Schools programs, and other important information, please visit www.dorsey.edu/disclosures/.



### Student Massage Therapy Clinic



#### **Hours of Operation**

Based upon Campus Availability and subject to change.

Closed Saturday and Sunday

Payment in Cash or Credit

For appointments or more information, please call

989-393-6475

**Saginaw Campus** 

#### **Chair Massage** \$1 a min

Chair massage is a popular way of relieving stress and releasing tension. You receive your massage in a specialized ergonomic chair. This service is offered in our clinic, or could be offered at your place of work. Ask about booking chair massage for your next workplace event or function!

"To keep the body in good health is a duty... otherwise we shall not be able to keep our mind strong and clear."

~Buddha

# Therapeutic Massage Services

#### Swedish 30 min \$15/60 min \$25

Refers to a variety of techniques specifically designed to relax your muscles and ease pain and tension while promoting good health.

# **Deep Tissue or Trigger Point Release** 60 min \$30

Best for giving attention to certain painful, stiff "trouble spots" in your body. Focuses pressure on layers of muscles, tendons, or other tissues deep under your skin.

# Pregnancy Massage 60 min \$30

Designed specifically for pregnant women in an effort to alleviate pain and promote relaxation.

#### Reflexology 30 min \$20/60 min \$30

Reflexology is a type of bodywork that focuses on applying pressure to the specific nerve zones in your hands or feet.

#### **Hot Stone Therapy** 60 min \$30

Smooth basalt and river stones are heated and applied to the body during a Swedish massage to enhance relaxation and relieve muscle tension all while allowing the heat to penetrate deep within the body.

#### **Enhancements**

#### **Aromatherapy** \$5

Specific application of pure therapeutic grade essential oils to calm and strengthen your body.

#### **Hot Towels** \$5

#### **Therapeutic Spa Services**

#### Herbal or Aromatherapy Heated Body Wrap 60 min \$35

Full body wrap in a muslin sheet infused with hot water and herbal tea to relax and soothe the body's muscular system.

#### Seaweed Mud Body Wrap 60 min \$35

Application of detoxifying seaweed mud to the body to help melt away excess water weight and rejuvenate the skin.

## Full Body Sugar or Salt Glow 60 min \$35

Sea salt rich in trace minerals is mixed with warm massage oil to exfoliate the top layers of dead skin from the entire body (except for the face). It leaves your skin moist, glowing, and satin-smooth.

#### Dry Body Brushing 30 min \$20/ 60 min \$25

Brushing technique done over the skin for a light lymphatic drainage effect. Can be done as a full body treatment paired with any massage or by itself.

#### Paraffin \$10 hands/feet \$15 for both

Used to lock in moisture paraffin is a lightly scented melted wax that traps the body's heat to relax tired hands or feet.

